

per portion (100ml)

SERVES

1

ENERGY

168kJ

40kcal

2%

FAT

0g

LOW

1%

SATURATES

0g

LOW

0%

SUGAR

9.6g

MED

11%

SALT

0.05g

LOW

1%

% of an adult's reference intake

Typical values per 100ml: Energy 168kJ/40kcal