

per portion (100ml)

SERVES

1

ENERGY

46kJ

11kcal

1%

FAT

0g

LOW

1%

SATURATES

0g

LOW

0%

SUGAR

2.3g

LOW

3%

SALT

0.04g

LOW

1%

% of an adult's reference intake

Typical values per 100ml: Energy 46kJ/11kcal