

per portion (100ml)

SERVES

1

ENERGY

162kJ

39kcal

2%

FAT

0g

LOW

0%

SATURATES

0g

LOW

0%

SUGAR

9.1g

MED

10%

SALT

1.9g

HIGH

31%

% of an adult's reference intake

Typical values per 100ml: Energy 162kJ/39kcal