

per portion (100ml)

SERVES

1

ENERGY

106kJ

25kcal

1%

FAT

0g

LOW

0%

SATURATES

0g

LOW

0%

SUGAR

5.8g

MED

6%

SALT

4.2g

HIGH

70%

% of an adult's reference intake

Typical values per 100ml: Energy 106kJ/25kcal